

28th ANNUAL WORLD TAI CHI & QIGONG DAY

Saturday, April 25th, 2026 9:45 AM to 3:00 PM

ready for any weather!

Wickham Park - Manchester, CT

Connecticut's Largest and Longest Continuing Celebration



Join us, and bring your friends and family to enjoy this free event, celebrating the ancient arts of Tai Chi and Qigong. No experience necessary!

Experience the power and healing benefits of these wonderful traditional arts. Meet and learn from expert, dedicated teachers from all throughout Connecticut.

- ◆ **9:45^{am}** - Opening Dragon & Lion Dances
- ◆ **10:00^{am}** - Annual "Worldwide Wave"
- ◆ **10:30^{am}-3:00^{pm}** - over 20 *Free* workshops & lunchtime demonstrations

For workshop & demonstration schedule, videos & participating school links, and other event information please visit: <https://ctworldtaichi.org/>